



## 10 Core Biometric Points

Complete this audit honestly. Circle YES or NO for each systemic marker.

1. **Libido Baseline:** Have you noticed a significant, noticeable decrease in your sex drive or sexual desire? ( YES / NO )
2. **Vascular Performance:** Are your erections noticeably less strong or consistent than in previous years? ( YES / NO )
3. **Endurance Parameter:** Have you noticed a persistent decrease in overall physical strength or endurance during physical output? ( YES / NO )
4. **Architectural Structure:** Have you observed a loss of height? ( YES / NO )
5. **Psychological Output:** Have you noticed a persistent decreased "enjoyment of life"? ( YES / NO )
6. **Mood Stability:** Do you frequently feel grumpy, sad, or irritable? ( YES / NO )
7. **Motor Function:** Have you noticed a recent, unexplained deterioration in your ability to play sports or perform complex movements? ( YES / NO )
8. **Cognitive Clarity:** Has there been a recent deterioration in your work performance, focus, or decision-making speed (Brain Fog)? ( YES / NO )
9. **Systemic Energy:** Do you experience a general, persistent lack of energy or chronic fatigue? ( YES / NO )
10. **Restorative Sleep:** Are you falling asleep immediately after dinner, or experiencing unusual, excessive sleepiness during the day? ( YES / NO )

### Assesment:

#### The "Alpha-Ratio" Shield (Score: 0 - 2)

Status: Stable / Optimization Required Product Focus: [DIM 3X](#), 3 month protocol

## **The Recovery Catalyst (Score: 3 - 5)**

**Status:** Systems Disruption / Recovery Failure **Product Focus:** [HyperGH 14x](#), 3 month protocol

## **The Emergency Substrate (Score: 6 - 10)**

**Status:** Catabolic Collapse / Clinical Priority **Product Focus:** [Testosil](#), [DIM 3X](#) and [HyperGH 14x](#) for 3 months and maintenance there after with DIM 3X

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